

## Moving On Together

### Discover how to:

- *Listen to understand*
- *Value differences*
- *Argue productively*
- *Speak your partner's love language*
- *Increase the fun in your relationship*



### EXETER COMMUNITY FAMILY TRUST

Exeter Community Family Trust is committed to strengthening and enriching marriage and family life through a range of courses. We are a Christian charity serving Exeter and the surrounding area. We are also part of the National Couple Support Network.

All our courses are designed to be informal, fun and relaxing. Any group discussions only involve topics of a general, not personal, nature.

This course is helpful for any married couple, with or without a faith background.



### A course for couples

Exeter Community Family Trust  
13-14 Okehampton Street  
Exeter  
EX4 1DU

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Email: [admin@ecft.org.uk](mailto:admin@ecft.org.uk)  
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# Moving On Together



A course for couples

## Moving On Together

Find answers to those nagging questions:

Why is it so easy to get the wrong end of the stick?



What is it that makes your partner feel most loved?



Are there better ways of handling conflict?



The M.O.T course is suitable for any couple whatever the stage of their relationship. It is designed to help couples give the best to each other.

**Where?** To be confirmed

**When?** Sat 28 Feb 2009

**What Time?** 9.30 am - 4.30 pm

**How Much?**

£25.00 per person,

including work-book,

buffet lunch and refreshments.

## Booking Form

We would like to register on the M.O.T workshop on Sat 28 Feb 2009

Names.....

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Address.....

.....

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Telephone.....

Email.....

We enclose a cheque for £25.00 per person made payable to ECFT.

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